## **Volunteer Opportunities Within Montgomery County**

There are numerous opportunities to use the talent and the ability within each of us to better our communities and the lives of others living around us. By contacting a local school, library, hospital, human service agency, or community organization, one can find a new world of rewarding activity to enjoy. If you are over the age of 55, there are many organizations reaching out to use your talent and experience to help others. A few of these volunteer opportunities are listed below:

**RSVP:** RSVP provides opportunities for Montgomery County residents over the age of 18 to volunteer through community agencies and organizations. Assignments include: delivering meals-on-wheels or staffing food pantries, providing guidance through youth aid panels, assisting teachers and students through vocational programs, comforting hospice patients, visiting lonely veterans, and more.

Volunteers can also choose to volunteer directly through RSVP's Volunteer Impact Programs:

- Volunteer Executive Consultants (VEC) Volunteers are business professionals who help build the management capacity of nonprofits in the region.
- APPRISE A free, confidential, public program of the PA Department of Aging. State trained counselors offer advice on Medicare coverage, options, and assistance programs.
- Helping Seniors at Home Help on-call volunteers provide seniors with in-home support in bookkeeping, shopping, and transportation to doctor appointments, all while providing social interaction.
- Adult Literacy Volunteers help increase economic opportunities for adults through GED, ESL, and basic literacy tutoring.
- Family Literacy Volunteers work with Head Start preschoolers to help them develop their reading skills and learn to love books.
- America Reads Become a supportive reading coach and help K-4 students learn to read with more confidence.
- Mentoring The Protégé Program matches at-risk students with mentors who provide support and guidance, encouraging positive behavior, resulting in greater academic and life success.
- Tutoring Volunteers assist classroom teachers, conduct museum tours, provide math tutoring, and judge science fairs.
- Virtual Tutoring Volunteers tutor struggling high school algebra students or veterans preparing to return to college through online tutoring sessions.
- STEM Career Development Professionals with STEM careers (science, technology, engineering, and math) visit classrooms inspiring future STEM specialists through hands-on projects.

Transportation can be provided to volunteer assignments for those 65+.

RSVP 925 Harvest Drive, Suite 100 Blue Bell, PA 19422 Ph: 610-834-1040 ext. 123

www.rsvpmc.org

**Foster Grandparents:** Volunteers are paired with disadvantaged children to provide extra love, guidance, and academic support. Qualified volunteers are men and women over the age of 60, in good health, and who live on limited incomes.

Foster Grandparent Program 1335 Ridge Pike Eagleville, PA 19403 Ph: 610- 630-0201

**Senior Centers:** Through the senior centers in Montgomery County, one can find opportunities to volunteer to deliver home-cooked meals, to regularly check on elderly persons in the community, and to assist with activities within the centers. Contact your local senior center for further information on volunteer opportunities.

**Home Delivered Meals:** Volunteers are urgently needed to deliver meals to homebound elderly and disabled persons throughout Montgomery County. Contact the program within your area to volunteer.